

ABOUT YOUR VISIT

What to expect during your Eye Exam



CATARACT & RETINA
LASER INSTITUTE
EXCELLENCE IN EYE SURGERY

MEDICAL HISTORY AND WORK UP

Your technician will begin the exam by gathering information about your medical history, current medications, as well as any specific concerns related to your vision and eye health. Your technician will also check your visual acuity, which is measured by reading the eye chart one eye at a time. They will perform a series of tests that evaluate your peripheral vision, pupil reaction, and muscle balance.

REFRACTION

To determine your best vision, your technician will perform a refraction. It is necessary to perform a refraction to determine whether eye diseases or refractive errors are responsible for your current visual acuity. The refraction will determine the best potential vision of your eyes. Your technician will inform you when they are preparing to perform the refraction. They will ask you to read the chart using a series of different lenses, asking you which is better/clearer.

***Refractions are NOT COVERED by Medicare and most medical insurances. You will be asked to pay the refraction fee, in addition to any copay, coinsurance, and deductibles, at the conclusion of your visit.**

PRESSURE CHECK AND DILATION

Your technician will instill eyedrops and perform a pressure check to measure your eye pressure. You will also be given eye drops to dilate your eyes. These drops will cause your pupil to enlarge, which allows your physician to view the interior anatomy of your eye. These drops will cause blurred vision and sensitivity to light. These effects are temporary and usually last about 3-6 hours. Temporary sunglasses are available at checkout if needed.

IMAGING TECHNOLOGY AND DIAGNOSTIC TESTING

In many cases, your physician will order additional imaging or diagnostic testing to better diagnose, treat, or monitor certain eye diseases. These measurements may be performed at different points in your visit depending on your current treatment plan. Since these measurements are performed for medical reasons, they are typically covered by your medical insurance. You will be responsible for any copay, coinsurance, or deductibles for these services as defined by your insurance provider.

PHYSICIAN EXAMINATION

Your final step is the physician examination. Your physician will review the information collected by your technician, examine the health of your eye, and discuss the findings, as well as a treatment plan specifically for you.

If you have a question about any step of your eye exam, please ask a staff member at any point during your visit. Our goal is to ensure you understand the process and are an active participant in your healthcare.